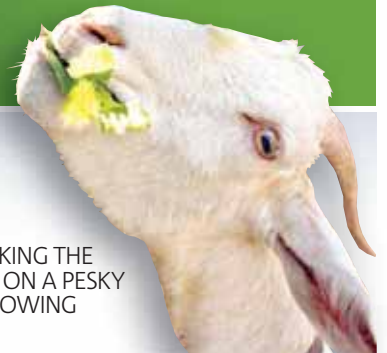


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Tire-slashing spree irks residents

Vandals target an entire neighbourhood block **PAGE 4**

Armed and ready to teach

Teachers to carry concealed weapons in one Arkansas town in response to school shootings trend **PAGE 8**

GOATS GET THE GIG

OFFICIALS IN REGINA ARE PICKING THE NEW KIDS TO CHOW DOWN ON A PESKY SHRUB INFESTATION OVER MOWING OR HERBICIDE **PAGE 9**

Victim's mother sees 'great risk' in gang plea deal

Key testimony. Ex-FOB member to be free in less than 8 years



JEREMY NOLAS

jeremy.nolas@metronews.ca

Fears he will re-offend are top of mind for the mother of a Calgary murder victim as an ex-gangster admitting to being involved in her son's death will be granted partial immunity in exchange for his testimony against others.

Former FOB member Michael Roberto pleaded guilty Thursday to three charges of conspiracy to commit murder, one of endangering a life by discharging firearm and one of committing murders on behalf of a criminal organization.

But as part of what Crown prosecutor Brian Holtby described as a "deal with the devil," Roberto will provide testimony in other gang-related killings and, in return, avoid conviction in at least four admitted murders.

With credit for time already served, the 29-year-old will be free in seven years, nine months.

Eroca Bendle, mother of victim Aaron Bendle, said Tuesday she believes the plea deal is "putting the country at great risk," as a first-degree murder conviction would have a life sentence with no chance of parole for 25 years.

"I don't agree with the process," Bendle said from her B.C. home. "I pray that he will change his ways. I pray that the police never charge him with murder again."

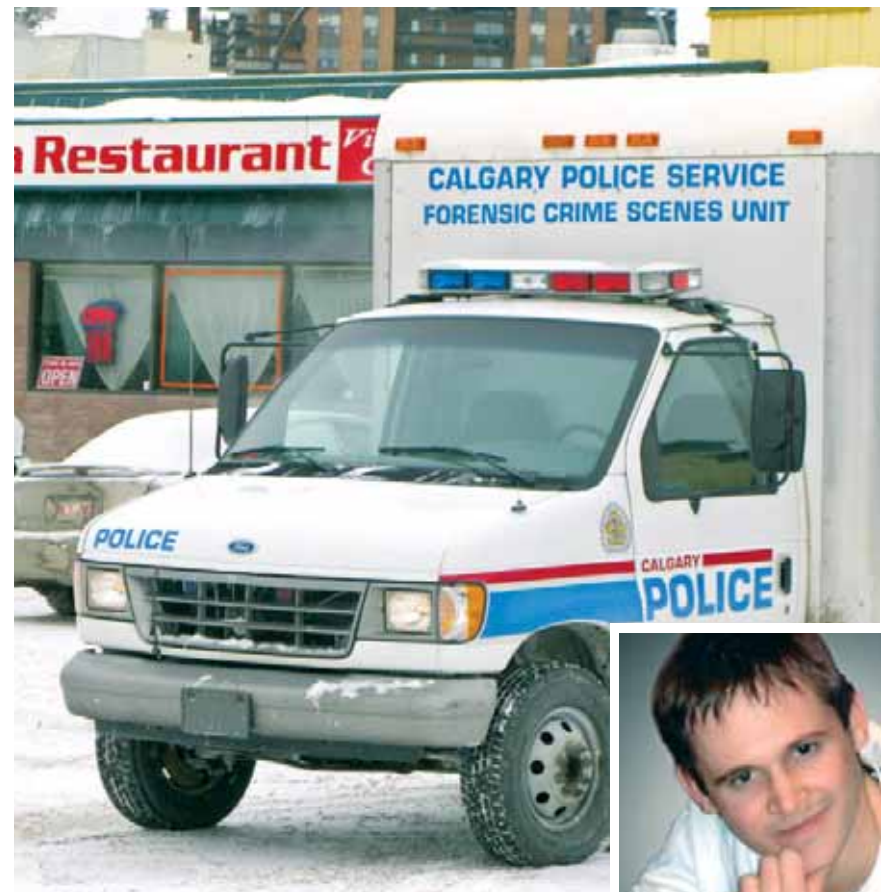
Aaron Bendle was killed

at Bolsa Restaurant on New Year's Day 2009, along with friend and known FK gang member Sanjeev Mann and bystander Keni Su'a.

Roberto's testimony in those killings and two other deadly incidents appears to be central to charges laid by Calgary police against five men earlier this month as part of Operation Desino.

Calgary police Chief Rick Hanson said Tuesday investigators abided by the rule of law and did what they needed to do.

"In a perfect world, I wish it was like CSI ... Miami and Las Vegas where all you have to do is figure out how the bad guy killed the innocent person and then they go 'Oh, you got me,'" Hanson said. "In the real world, that's not what happens." **WITH FILES FROM THE CANADIAN PRESS**



A police van is seen parked out front of the Bolsa Restaurant on Jan. 2, 2009, where three men were shot and killed the day prior. The mother of one victim, Aaron Bendle, inset, is raising alarms over a plea deal struck with one of the gangsters involved in exchange for his testimony in that incident and others. **BILL GRAVELAND/THE CANADIAN PRESS; CONTRIBUTED PHOTO**



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15th victim of 2013

'Random attack' led to city's latest homicide: Police

Police have concluded a 36-year-old man died as a result of stab wounds suffered during a "random attack" Friday.

Robyn Greg Gladue, 36, of no fixed address, is Calgary's 15th homicide victim of 2013.

Police found Gladue's body in the 200 block of 8th Avenue S.E. late Friday.

William Little Child, 20, was charged with second-degree murder over the weekend.

"We don't believe that there was motive ... we believe this moment it was a random attack," police Staff Sgt. Grant Miller said Tuesday.

JEREMY NOLAIS/METRO

Testing, testing

Traffic pilot to alter Crowchild commute

The city plans to test new restrictions on Crowchild Trail in an effort to improve traffic congestion for the majority of morning commuters.

Beginning Aug. 19, a three-month pilot will restrict the left-hand turn from northbound Crowchild Trail on to 24 Avenue N.W. on weekdays between 6 a.m. and 9 a.m.

According to traffic studies, about 3,200 southbound vehicles on Crowchild will have a longer green light if the turning lane is restricted. Only about 50 cars per hour use the turning lane, currently. This test is part of the city's traffic congestion reduction program. **METRO**



Ald. Druh Farrell smiles at Tuesday's council meeting. Her motion to have city staff study a wide range of housing options to ease the city's rental accommodation shortage passed. A report is due back at council in September. ROBSON FLETCHER /METRO

City to study housing crunch

Tight market. Flood damage 'one more exacerbation' of an already 'very low vacancy rate'



ROBSON FLETCHER
robson.fletcher@metronews.ca

Calgary will explore a range of new accommodation options in response to the city's flood-exacerbated housing shortage, council decided Tuesday.

Aldermen directed city staff to look at everything from laneway housing to "Katrina Cottages" to methods that would allow the

reconstruction of flood-damaged secondary suites that currently can't legally be rebuilt.

"We can assist in this," said Ald. Druh Farrell, who put forward the last-minute motion at council's final meeting before its August break, citing an urgent need for rental housing.

Ald. John Mar, whose ward was hit particularly hard by flooding, agreed.

"I personally know hundreds of people that are displaced," he said. "This is about rebuilding the existing housing stock that we had, that is no longer in existence."

The decisions was not unanimous, however.

Ald. Diane Colley-Urquhart questioned whether

the post-flooding housing crisis her colleagues described is real or anecdotal.

"There already was a tight rental market heading into June 21 anyway," she said. "Without really scoping out this problem, we're leaping in to try and fix something we don't know the magnitude of."

A tight housing market is to be expected in a city with a "blistering economy" like Calgary, Colley-Urquhart added. She also wondered whether it's the city's responsibility to intervene.

"What is the city's responsibility in this?" replied Farrell. "We control the regulatory system and approvals ... we can speed up the approval time and we can engage the industry."

Finding models

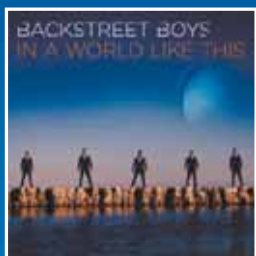
'Katrina Cottages'

Originally designed in the wake of the hurricane that hit the Gulf Coast in 2005, "Katrina Cottages" have grown in popularity as a low-cost housing option in other areas since.

The cottages can be quickly constructed for as little as \$115 per square foot. Laneway units, meanwhile, may not be welcome in every neighbourhood, but Ald. Druh Farrell said some communities are "really interested" in the housing option.

1 NEWS

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Health care. New AHS neonatal ambulance to hit streets this summer



Emergency medical responders Natasha Duran and Keelan Harrison were on hand to unveil the new, custom-designed ambulance for the city's smallest patients Tuesday afternoon. CANDICE WARD/FOR METRO

Alberta Health Services unveiled the newest member of its emergency-vehicle fleet Tuesday — a custom-designed ambulance for the smallest of patients.

"Our current NICU (neonatal intensive care unit) has served us well and performed thousands of safe transfers, but we're always looking for ways to improve our patient care and safety," said Mike Plato, AHS director of the EMS fleet.

The new unit will hit Calgary's streets this summer and will give the best mobile environment for neonatal transports between health facilities in the city, according to AHS.

This new ambulance fea-

tures a passenger cabin that can transport two incubators (current ambulances can transport only one), a hydraulic lift at the rear, an on-board generator, air suspension, and sliding, swivel seats for four health-care providers.

Over the past year, more than 500 inter-facility NICU transfers were done by Calgary Zone EMS.

The ambulance cost about \$250,000, including the cost of all supplies in the unit, as well as dispatch communication and medical equipment.

It will replace the aging unit that is currently in use.

CANDICE WARD/FOR METRO

Investigation. Tires on parked vehicles in NE Calgary slashed at night

Police are investigating after several vehicles parked along a northeast Calgary street had their tires slashed overnight Monday.

Insp. Guy Baker said police currently have no suspects or leads in the vandalism spree, which saw 11 vehicles on 65 Street N.E. end up with flat tires.

Metro counted some on Pineridge Road N.E. as well, bringing the total number of vehicles with slashed tires to 15.

"This is not the first time we have seen a senseless crime like this," Baker said. "In those cases, we have typically relied on the public to come forward with information."

Area resident Melissa Ladouceur was alerted by a neighbour Tuesday morning that someone cut a tire on her family's Chevrolet Avalanche.

"I suspect it was some kids with a little too much time on their hands," Ladouceur said. "It is summer break after all."

Baker said between one and four tires were slashed on each vehicle.

Ladouceur said talk in the neighbourhood is that the culprit or culprits likely



Pineridge resident Melissa Ladouceur was one of many victims of an overnight tire-slashing spree. CANDICE WARD/FOR METRO

had keen knowledge about car models.

"They slashed only one tire on four-wheel drive vehicles and all four tires on other vehicles, so that, no matter what, everybody on the block has to replace all four tires," she said.

JEREMY NOLAIS/METRO

On the web

For more local news go to metronews.ca



Future disasters

Alberta auditor general to look at causes, response, lessons of the 2013 floods

Alberta's auditor general is looking into how the province responded to last month's record flooding and how it plans to mitigate similar disasters in the future.

"The best use of our resources for Albertans would be to provide independent assurance on the quality of planning and the execution of the government's current flood mitigation efforts," Merwan Saher has written in a letter to the NDP, which asked for a review.

Saher said he will begin his investigation after Premier Alison Redford's government has finished its review on the flooding.

New Democrat Leader Brian Mason earlier this month asked Saher to investigate the government's response, given the province failed to act on key recommendations to prevent flooding following similar problems in 2005.

"The auditor general's investigation ... will be welcomed by all Albertans who are concerned that the government has failed to implement its own (2005) recommendations, and as

a result taxpayers may well be on the hook for billions of additional dollars which they wouldn't otherwise be responsible for," Mason told a news conference Tuesday.

Saher's letter was released to the media by the NDP.

The government has pledged an initial \$1 billion, along with other programs and services, to help an estimated 100,000 people displaced or affected by high waters that swamped much of southern Alberta June 20 and in the days that followed.

Early estimates on damages are in the billions of dollars.

Heavy flooding in 2005 in the same area prompted the government to order a report by former Progressive Conservative MLA George Groeneveld on how to lessen the impact of future disasters.

The report, submitted to the government a year later, made 18 recommendations and urged the province to stop allowing development on Crown land in high-risk flood zones.

That was not acted on immediately, although the government has said since the latest flooding that it has or is acting on 13 of Groeneveld's 18 recommendations.

The report was not released until late last year.

THE CANADIAN PRESS

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Treat students the same as others on board: Lukaszuk

Advanced Education Minister Thomas Lukaszuk says Alberta's post-secondary institutions need to take their students' opinions and ideas more seriously.

Following a meeting with student union representatives from across the province, Lukaszuk said he intends to push schools to make sure students on college and university governing boards have an equal voice. "Students have that same

mandate from the board and they should be taken as seriously as any other board member," he said.

Petros Kusmu, president of the University of Alberta student union and a university board member, said getting information about the school's finances can be a challenge.

"There are horror stories of student representatives being asked to leave a meeting if they all of a sudden start a discussion

of tuition or fees," he said.

Conner Brown, vice-president external of the Calgary Student's Union said there weren't any specific problems at his institution, but he is glad Lukaszuk is looking at the issue. "Students haven't always been taken seriously on the board of representatives and I think he is doing a lot to make sure that isn't the case moving forward," Brown said.

RYAN TUMILTY/METRO

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Private convicted of spilling U.S. secrets to WikiLeaks



U.S. army Pfc. Bradley Manning is escorted to a security vehicle outside a courthouse in Fort Meade, Md. PATRICK SEMANSKY/THE ASSOCIATED PRESS

Facing up to 136 years. Bradley Manning dodges precedent-setting charge of aiding the enemy

U.S. army Pfc. Bradley Manning was acquitted of aiding the enemy but was convicted on Tuesday of espionage, theft and other charges, more than three years after he

spilled secrets to WikiLeaks.

Manning was convicted on 19 of 21 charges and faces up to 136 years in prison. His sentencing begins Wednesday.

The lead prosecutor, Maj. Ashden Fein, said Manning knew the material would be seen by al-Qaida, a key point the prosecutor needed to get a conviction of aiding the enemy. Even Osama bin Laden had some of the digital

Manning's crime

Manning admitted leaking more than 700,000 records as well as video of a U.S. helicopter attack that killed civilians in Iraq.

1970s leaked the Pentagon Papers, which showed the U.S. government repeatedly misled the public about the Vietnam War — Manning's acquittal was more significant than his convictions.

He said a conviction of aiding the enemy would mean that most people wouldn't want to risk life imprisonment or even execution for exposing government secrets.

THE ASSOCIATED PRESS

files at his compound when he was killed.

According to Daniel Ellsberg — who in the early

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Efforts a drop in the bucket

Workers scoop up crude oil on the beaches of Samet Island, Thailand, on Tuesday. About 50,000 litres that leaked from a pipeline has reached the popular tourist island despite attempts to clean it up. THE ASSOCIATED PRESS

Spain derailment. Driver was taking a work call as he sped into deadly crash

The driver was on the phone with a colleague and apparently looking at a document as his train barrelled ahead at 153 km/h — almost twice the speed limit. Suddenly, a notorious curve was upon him.

He hit the brakes too late.

The train, carrying 218 passengers, hurtled off the tracks and slammed into a concrete wall, killing 79.

On Tuesday, investigators announced their preliminary findings from analysis of the train's data-recording "black boxes," suggesting that human error appears to be the cause of Spain's worst railway disaster in decades.

The derailment occurred near Santiago de Compostela, Spain, late last Wednesday. Some 66 people injured in the crash are still hospitalized, 15 in critical condition.

According to the investigation so far, driver Francisco Jose Garzon Amo received a



Driver Francisco Jose Garzon Amo, 53, is taken to preliminary court Sunday. PABLO BLAZQUEZ DOMINGUEZ/GETTY IMAGES

call from an official of national rail company Renfe on his work phone in the cabin, not his personal cellphone, to tell him what approach to take toward his final destination.

Garzon was provisionally charged Sunday with multiple counts of negligent homicide. THE ASSOCIATED PRESS

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In a recent study comparing the cost of wireless services, **Canada ranked as more affordable than the US in over 65% of the usage scenarios studied. How about that!**

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OECD Communications Outlook 2013, based on mobile voice, voice & data, and wireless broadband (laptop and tablet) usage baskets.

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B.C. court. Injured soldiers' lawsuit should be dismissed: Lawyers

At least one veterans group promises to campaign against the Conservative government because of a stand taken by federal lawyers, who argue the country holds no extraordinary social obligation to ex-soldiers.

The lawyers, fighting a class-action lawsuit in British Columbia, asked a judge to dismiss the court action filed by injured Afghanistan veterans, saying Ottawa owes them nothing more than what they have already received under its controversial New Veterans Charter.

The lawsuit filed last fall

by six veterans claims that the charter, which replaces lifetime pensions with workers compensation-style lump sums for wounds, violates the Charter of Rights and Freedoms.

Mike Blais, president of Canadian Veterans Advocacy, told a Parliament Hill news conference that since the First World War, the government has recognized it has a "sacred obligation" to veterans and that notion was abandoned with the adoption of the veterans charter by the Conservatives.

THE CANADIAN PRESS

Ireland's first

Bill OK's abortion when life at risk

Ireland's head of state has signed the country's first bill on abortion into law, legalizing it in exceptional cases where doctors deem a woman's life at risk, including by suicide.

President Michael D. Higgins surprised some analysts Tuesday by signing the bill rather than referring it to Ireland's Supreme Court.

Anti-abortion activists are likely to pursue a Supreme Court challenge.

Until now, abortion held a maximum penalty of life imprisonment.

THE ASSOCIATED PRESS

Arkansas arms teachers



A Clarksville school faculty member, wearing a protective mask, carries a handgun toward a classroom as students portray victims in a mock shooting scenario. Twenty Clarksville School District staff members are training to be armed security guards. DANNY JOHNSTON/THE ASSOCIATED PRESS

Kindergarten cop?

School district paying about \$50K plus stipends for ammunition, training to prep staff to act as security guards

When classes at Clarksville High School resume in August, assistant principal Cheyne Dougan will be among more than 20 teachers, administrators and other employees in the school district carrying concealed weapons.

After a school shooting in Connecticut last December that left 20 children and six teachers dead, the idea of arming schoolhouses against gunmen was hotly debated across the country.

The National Rifle Association declared it the best response to serious threats. But even in the most conservative states, most proposals faltered in the face of resistance from educators or warnings from insurance companies that schools would face high-

er premiums.

Making use of a little-known Arkansas law that allows licensed, armed security guards on campus, Dougan and other teachers at the school will be considered guards.

In strongly conservative Arkansas, where gun ownership is common and gun laws are permissive, no school district had ever armed teachers, according to the state Department of Education. The closest was the Lake Hamilton School, which for years has kept several guns locked up in case of emergency. Only a handful of administrators — not teachers — have access to the weapons.

Clarksville, a community of 9,200, is going further. Supt. David Hopkins said he faced a flood of calls from parents worried about safety after the attack last year at Sandy Hook Elementary in Connecticut.

He said he and other school leaders didn't see why they couldn't rely on their own staff and teachers to protect students rather than hire someone. THE ASSOCIATED PRESS

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You could hire a crew to clear away unwanted vegetation, or you could bring in a herd of goats — which is what officials in Regina are currently doing to rid a conservation area of non-native greenery. Other municipalities have taken the same approach. The goat shown in this file photo was part of a herd rented by the San Francisco Public Utilities Commission to vanquish vegetation growing near drinking-water pipelines. GETTY IMAGES FILE

Will work for food: Goats chew up landscaping biz

Regina. City officials go with the herd to clear away vegetation

Caragana shrubs are no match for goats that have been brought in to clear the pesky

growth from a big Regina park.

Officials with the city's Wascona Centre Authority have hired about 90 of the bleating eating machines to rid the shrubs from a conservation area of the park where the greenery has gotten out of control.

Naturalist Jared Clarke says

caraganas were once planted in rows to delineate property lines, but they ended up choking out native species of grass and other plants.

Clarke says the goats are an alternative to using herbicides and seem to work better than mowing, which is a temporary fix. **CJME/THE CANADIAN PRESS**

Dubious food. Oreo doughnut tops Timmie's contest shortlist

On a day when doughnut flavours included devil's food cake and caramel popcorn, it was the simpler creations that won the day for Tim Hortons' Duelling Donuts contest.

B.C.-born Jason Priestley was among the panel of judges who whittled down the long list of 16 doughnut creations to just eight on Tuesday.

Among the finalists are the S'more Of It, the Monkey C, Monkey Do-Nut, the Dark Chocolate Cherry Chunk and the Oreo Borealis.

The pastry recreation of the classic cream-filled cookie

took the top honours from the panel, which also featured execs from Tim Hortons and TV host Ben Mulroney.

The contest was dreamed up after Priestley appeared in an episode of the sitcom *How I Met Your Mother* where he claimed he had invented The Priestley, a strawberry-vanilla doughnut with a chocolate Timbit nestled inside.

The contest winner will receive a \$10,000 grand prize. Canadians can vote for their favourite of the last eight doughnuts standing online, beginning Aug. 5. **THE CANADIAN PRESS**



The Priestley is a fictional doughnut mentioned on an episode of *How I Met Your Mother*, and subsequently whipped up by Tim Hortons for a photo op. It inspired the chain to launch a designer doughnut contest. **TIM HORTONS/THE CANADIAN PRESS**

Retail

Zara Home to launch in Canada

Zara Home is slated to open for business in Canada next month. The first location for the home furnishing brand is set to launch at Toronto's Yorkdale Shopping Centre on Aug. 22, coinciding with the startup of its Canadian e-commerce site. The second store will open in Laval, Que. Zara already has apparel stores in a number of cities across Canada. **THE CANADIAN PRESS**

Market Minute

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WATER'S RISING. WHERE'S THE ARK?

Ho-hum. Another day, another prophet of doom.

Today's Cassandra du Jour is someone named Benjamin Strauss from something called Climate Central. Strauss concludes that without an immediate deep reduction in greenhouse gas emissions, 1,700 U.S. cities will be underwater by the end of this century.

And even if we stop adding greenhouse gases to the atmosphere right now, 80 cities including Hoboken, N.J., and Fort Lauderdale, Fla., are already toast. Frank Sinatra's hometown sinks beneath the sea! Pictures at 11!

Strauss's conclusions have been published in the Proceedings of the National Academy of Sciences (not the National Enquirer) and run through the news cycle. Headlines everywhere. Hard to miss.

You may be wondering if Strauss is just some paranoid nut-



JUST SAYIN'

Paul Sullivan

metronews.ca

case. If he is, he's a paranoid nutcase with a PhD in ecology and evolutionary biology from Princeton, a master's in zoology from the University of Washington, and a BA in biology from Yale. A beautiful mind.

Climate Central certainly sounds reputable: "An independent organization of leading scientists and journalists researching and reporting the facts about our changing climate and its impact on the American public." Such as 1,700 cities will be sleeping with the fishes by 2100.

This is not just an American wet dream: Various studies have also earmarked several coastal Canadian cities, such as Vancouver and Halifax, for the Big Bath.

So what's going on here? Why aren't we all stampeding for higher ground? Even if 2100 seems a long way off, the sheer scale of this inundation should have us building big

boats in our backyards and pairing off the raccoons and Pomeranians, especially if we live in Hoboken or Fort Lauderdale.

But nothing's going on here. The U.S. president has a "plan," but it's hardly an emergency response, and even if the U.S. starts cutting emissions and shoring up dikes, that supposedly won't hold back the tide. And, of course, our Prime Minister Stephen Harper sees the emission of greenhouse gas as a patriotic act.

We obviously don't believe Strauss or all those other guys with letters after their names. Apparently, the skeptics have done a great job of painting them as a bunch of careerists so greedy for grants they'll say anything, no matter how over the top. If anyone's all wet, it's Strauss and all those other *scientists* (dirty word).

Still, aren't you a bit creeped out? What if Strauss is only half right, or a quarter right? What if the skeptics, who don't have nearly as many letters after their names, are the wet ones?

Is there anybody out there who can tell us the truth? It's a simple, honest question: How high's the water, daddy? Really?

ZOOM

Of course Road Runner is for dinner



DEBBIE DICARLO/REX FEATURES

Photog captures coyotes interacting

This stunning picture taken by amateur wildlife photographer Debbie DiCarlo shows the adorable coyote pups howling as the adult coyote tips back its head to let out an ear-piercing howl at a wildlife preserve in Hinckley, Minn.

METRO

Q and A

'Hope and emotions'

DEBBIE DICARLO
Amateur photographer, 58, from Cleveland, Ohio

From the photograph's composition, it looks like the pups are mimicking the adult in howling ... Yes, but that's certainly from the point of view of us humans, and how we assign human expressions to animals.

But isn't that what makes animal photography special — when we assign it human traits? I completely agree. That is certainly one great way of interpreting these photographs. Animal photographs conjure up amazing imagery of hope and emotions in us all.

Clickbait



ANDREW FIFIELD

andrew.fifield@metronews.ca



We're past the halfway mark of the year, which is still a depressing distance from the best-of lists that pepper December and January. So let's get an early start with a trio of some of the best mobile games of 2013.

Limbo

The long-awaited port of 2010's moody gem has finally arrived. Take control of a boy navigating the dangers of a beautiful but starkly harsh side-scrolling world (pictured). Seriously stark. The game is full of punishing puzzles and grisly deaths. (iOS/\$4.99)

Gemini Rue

A defiantly old-school point-and-click sci-fi noir set in a future familiar to Blade Runner fans. The original version was designed for keyboard and mouse, so the controls can be awk-

ward. But solving the mysteries of the dual-plotted story is addictive enough to overlook them. (iOS/\$4.99)

Star Command

From the clever dialogue to the pixelated graphics, everything about this space adventure reads as a love letter to Star Trek. Managing your crew and monitoring shield and weapon systems during frenetic battles is deep and challenging, though that's offset a bit by a linear story and shallow interactions with the races you encounter. (iOS, Android/\$2.99)

Twitter

@metropicks asked: A scientist made a 'Frankenburger' from animal stem cells. Would you eat it? Is it vegetarian?

@NHL4HAMILTON: Sure ill give it a try! Be interesting to see what it tastes like.

@st_mack: As long as there was



Frankenbacon to go on top of it.

@1983boxedwine: No Way! We should care about where our food is coming from and what we put in our bodies. #realfood #lessdisease #healthyliving

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Two guys, two guns, no spanking

Interview. Denzel Washington and Mark Wahlberg talk about going funny with new buddy comedy *2 Guns*

MATT PRIGGE
Metro World News

Denzel Washington is funny. He just doesn't do funny movies.

People have told him how good he is with a joke. He agrees and he doesn't.

"I'm quick. But being funny on purpose, take after take — I don't know. It's new territory."

Indeed, he hasn't done a full-on funny film since the ghost comedy *Heart Condition*, opposite Bob Hoskins in 1990. It's the only one on his resumé.

2 Guns isn't a full-on comedy. It's a '70s-style throwback thriller, starring Washington and Mark Wahlberg as undercover government agents embroiled in the pursuit of a booty of stolen cash. But he and Wahlberg, longtime friends finally working together, have great chemistry, and the tone of the film allows them to goof around in between shoot-outs and scenes where Bill Paxton's fearsome CIA heavy plays Russian Roulette with his crotch.

"I'd been looking to stick my toe in the water," Washington says about being funnier. "Especially coming off *Flight*, I was looking to do something where I had more



Denzel Washington and Mark Wahlberg star in *2 Guns*, which opens this weekend. CONTRIBUTED

In character

"I try to bring my own personality to the parts, some kind of personal connection. The audience can maybe believe it a bit more."

Denzel Washington
Talking about he gets into character

fun."

Wahlberg had already been attached to the production, based on Steven Grant's comics, which was a big selling point for him.

"Mark is not just funny, but he has a warmth and a

heart about him that I've loved. I watched *Ted* the other night. That's a sick movie."

Not that he wanted to go that far.

"I'm not ready to be spanked yet — not right out of the gate. But (Wahlberg) helped free me up, to go for it, to not worry about being silly."

Wahlberg was happy it wasn't the traditional kind of buddy comedy.

"Usually they'll take the comedy guy, the really out-there comedy guy, and put him with the straight guy. We didn't want to do that," Wahlberg explains. "We felt like the two had to be really formidable opponents, to earn that camaraderie, to earn that trust in one another."

Asked how they handle comedy or drama, Wahlberg says there's little difference.

"I approach everything the same: I try to make it as real as possible," he explains. "If you're going to make people laugh or cry, it's the same thing. But if I start doing pratfalls, someone please pull the plug."

Washington just tries to integrate himself in his roles.

"I try to bring my own personality to the parts, some kind of personal connection," he explains. "The audience can maybe believe it a bit more."

When asked which role is closest to the real him, he can't help but joke.

"*Training Day*. That's who I am. That's the real Denzel."

In Focus

***2 Guns* took two roads to production**



IN FOCUS
Richard Crouse
scene@metronews.ca

This weekend Denzel Washington and Mark Wahlberg co-star as a DEA agent and an undercover Naval Intelligence officer who are investigating one another in *2 Guns*. Each think the other is on the take from the mob, but eventually must work together to get to the truth.

Conceived as a vehicle for Owen Wilson and Vince Vaughn after the success of *Wedding Crashers*, the movie was originally meant to take advantage of the comedic chemistry between the two, but slowly morphed into something else as it made its way to Wahlberg and Washington.

It joins a long list of movies to change tone as they swap casts. But most notably we think of *Beverly Hills Cop* as the hilarious Eddie Murphy movie about a streetwise Detroit cop displaced to hoity-toity Los Angeles. Initially however, the movie was meant to star Sylvester Stallone, was better known for breaking jaws than busting guts.



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Toronto actor back to work on rice farm in rural Japan

Falling Skies. Connor Jessup talks about being on the road (including the rice farm) and finding time to be a filmmaker



NED EHRBAR
Metro World News in Hollywood

Connor Jessup is possibly the most interesting 19-year-old in Hollywood — especially since he's not actually in Hollywood at the moment. Since wrapping production on season three of his alien invasion series, *Falling Skies*, the Toronto native has been on the road, most recently living on a rice farm in rural Japan, where he's working on more film projects to write, direct and produce.

We caught up with Jessup just before the *Falling Skies* third season finale on a rare

few days in Los Angeles.

Life on the road

"I was in San Diego on the weekend, which was awesome, and I'm here until Thursday, then back to Japan," he says. "That's where I'm living right now. I'm living on a rice farm, a run-down rice farm, actually. This is my first real year without high school, so I decided to just do some travelling. So since February I've been on the road, and since May I've been in Japan."

Finding time to be a filmmaker

"One of the nicest things about being on a TV show that's relatively long-running is that you get six months of the year of hard work and then six months of the year of free time — well, not free time because you're still working and trying to get stuff or on a movie or something — but generally the other six months are less full of work," he says. "There's a couple of shorts that I'm working on and a feature. But I've

been doing stuff like that since I was 14 or 15. Right now I'm in Japan writing something that takes place in Japan. It takes place basically right in the place where I'm writing, so all I have to do is look out the window, which is convenient."

Getting an early start

"When I was 15, there were these friends of mine who I admired who were recent grads of film school. They'd done some really great shorts and they were doing an indie, micro-budget feature so I helped produce it," he says. "This is pre-Kickstarter, and they were doing the fundraising. I kicked in, so I was an executive producer and I did every odd job on set. I was a grip, a boom operator, an assistant director. But the movie got into (the Toronto International Film Festival) and a whole bunch of other festivals, so that was kind of my first exposure to behind the scenes life. It's wonderful. It's really the best part of the business."

Season finale

Connor Jessup teases that the third season of *Falling Skies*, which wraps up Sunday evening, goes out with a bang for the city of Charleston. "It's sort of an image of what life was like before, and we're trying to maintain it, but it's more fragile than we thought," he says. "It kind of literally and metaphorically comes crumbling down. So we're thrown back out onto the road, back into the wild world. Just like in season two where we were dashing about from place to place, going on missions, we were kind of nomadic. Season three, we managed to stay in one place for the most part, but that gets shattered very quickly. It affects my character, Ben, in the same way that it affects everyone else in that it sucks."



Connor Jessup stars in *Falling Skies*. ANGELO KRITIKOS

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Let's take some E! with Joel

The Soup host. Actor takes 'one-at-a-time' approach to his various projects

There's no stopping Joel McHale this summer.

The 41-year-old actor is busy with his E! reality spoof The Soup and preparing for the fifth season of the NBC comedy series Community, which starts shooting Aug. 20.

He's moving outside his comfort zone with a starring role in the upcoming supernatural thriller Beware the Night. He plays a New York City police officer in the film, and at the time of the interview, was shooting on location in the Bronx.

McHale calls the role a dream come true, especially because he gets to work with Eric Bana. He's also the host of the Klondike Celebrity Challenge, a social media effort. Fans decide the fate of three retro stars, including Alfonso Ribeiro of The Fresh Prince of Bel-Air and '80s pop singer Tiffany, by asking what they would do for a Klondike bar. A third star will be an-

nounced Aug. 12.

In a recent interview, he talked about his various projects.

How would you describe Beware the Night?

Just to be in it, I was so thrilled, and then knowing I got to work with Eric Bana, who is one of my all-time favourites, was just a dream come true. Then you've got Olivia Munn in there and Edgar Ramirez is amazing. ... This cast is dynamite, except for myself.

What's it about?

It's kind of a horror film at some points but it's about these cops in the Bronx ... and it's a very violent, harsh movie, but with a really good story, and I'm thrilled I got cast in it.

You make fun of the Kardashian family quite a bit on The Soup. Their show also airs on E! Are you ever told to tone it down?

Well, the Kardashians are incredibly savvy and they know if they are being talked about then that's good. And now Kris (Jenner) has a new talk show. They've got every single prod-

uct. They are a machine and they actually now work very hard at what they're doing — I'm not sure what it is. ... For a while I know that they weren't (happy) and the Kardashians were going, "Can you stop doing that?" But when we make fun of Bruce (Jenner), no one has stopped me from doing that until Bruce comes up and punches me in the face.

Do you like the Kardashians?

They're incredibly nice. I've never witnessed diva behaviour from them, which means they're pretty easy to work with, which is one of the reasons they continue. So many reality stars are, their egos become so awful and then they just ... peter out.

How many shows do you actually watch for The Soup?

Not as many as you'd think because I almost went insane when we first started when I was watching a lot of television and I got to the point where I was watching TV all day and going home and watching TV and I was going, "I'm going to jump through this plate glass window if I have to watch

another two hours of Extreme Makeover: Home Edition." ... So, we got a bigger staff and ... they find things that I didn't even know existed, like Felt on Logo, which you should check it out because they take people's sex therapy sessions and have puppets act them out. Yeah. They do.

Are you surprised at the success of Community?

I knew the show was kind of a special kind of different show ... because (creator) Dan Harmon's brain is like nobody else's brain. Getting out of your first season is a nutso process as well. But to be in our fifth season, I can't believe it. And we've always had this lousy time slot. We've always been up against Big Bang Theory, which is a juggernaut. And NFL football and March madness, and survived it. We're syndicated on Hulu which, whenever I look at the list, we're doing pretty well. I think the success is that our viewers are so young that they don't watch the shows at the broadcast time. But they still watch. ... I hope we get to six seasons and a movie.

THE ASSOCIATED PRESS



Joel McHale has no problem talking about the Kardashians. CONTRIBUTED

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Top Chef's Crawford gives new meaning to diving into a meal

Fierce competition.

Lynn Crawford falls from the sky to get an extra hour preparing a dish

Canadian chef Lynn Crawford calls her experience on *Top Chef Masters* — which included a jump from an airplane — one of the most “spectacular, fun, crazy” things she’s ever done.

“The challenges that they set up for the production going into its fifth season, I just thought that it was over the top,” Crawford said from her cottage at Buckhorn Lake near Peterborough, Ont.

“It was absolutely brilliant.”

The 13 chefs were told on the first episode of the food competition show that if they leapt from the plane, they’d get an extra hour to spend preparing a dish.

Skydiving was not the only twist the producers dished up to the chefs vying for \$100,000



Canadian chef Lynn Crawford appears in episode one of the fifth season of *Top Chef Masters*. FOOD NETWORK CANADA

for a charity of their choice.

Each chef could choose a sous chef, and Crawford picked Lora Kirk, who works with her at the restaurant Ruby Watchco in Toronto.

But the catch is the sous chefs are duking it out in their

own competition, Battle of the Sous Chefs, hosted by Canadian celebrity chef Hugh Acheson. The results of each online episode (on foodnetwork.ca) directly impacts the on-air Masters competition, awarding them advantages or disadvantages

depending on their sous chef’s performance.

“We all thought that we would be cooking together. That was not the case,” Crawford said.

Kirk was marked down on her dish in the first online epi-

sode, with the result that her boss was not allowed to use proper chef’s knives.

“I had to work a lot harder,” Crawford added. “That’s what chefs do. They are constantly faced with challenges and we’re always trying to figure out how to overcome them and that’s exactly what Lora and I did, went into this whole competition wanting to really cook with all of our hearts and do a great job and to play for our charity ... and make Canada proud and wow, what a huge honour. We had a lot of fun.”

The new head critic of the chefs from around North America is Toronto-bred Gail Simmons. Returning judges James Oseland, Ruth Reichl and Francis Lam are joined by new judge, food and dining editor Lesley Suter.

Celebrity guest judges this season include Mindy Kaling, Busy Philipps, Kathie Lee Gifford and the cast of *Days of Our Lives*.

THE CANADIAN PRESS

Review



The Smurfs 2

Director. Raja Gosnell

Stars. Neil Patrick Harris, Hank Azaria

The problem with *The Smurfs* is that the blue mushroom-dwelling dwarves(?) just aren’t elaborate or very amusing. In that sense, they’re perfectly safe film fodder for pre-pubescent. In this straightforward sequel, Papa Smurf and company travel to Paris to rescue Smurfette (a whiny-sounding Katy Perry) from diabolical wizard Gargamel (Hank Azaria, trying his best). The sequel would’ve been buoyed by new characters except that one (named Hackus) is ceaselessly irritating.

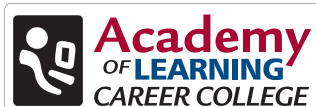
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Justin Bieber. ALL PHOTOS GETTY IMAGES

Bieber's crew busted with pot at the border

Marijuana and drug paraphernalia were seized from one of Justin Bieber's tour buses during a stop at the U.S.-Canada border, according to E! News.

Bieber himself wasn't on the bus, and his rep insists, "It wasn't Justin's bus," but Customs officials say it was part of his convoy.

"The tour bus, associated with musician Justin Bieber, was en route to a concert schedule later Sunday night in Detroit," a spokesman says. "Officers seized marijuana and paraphernalia and issued a penalty to the driver. The bus and passengers were released without further incident."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Applaud for Lady Gaga, she needs it



THE WORD
Dorothy Robinson
scene@metronews.ca

Well, hello there, new artwork for Lady Gaga's new single, Applause, which looks like something Barbra Streisand would do circa 1983

Gaga unveiled this cover on Sunday to Women's Wear Daily, which was created by photography duo Inez van Lamsweerde and Vinoodh Matadin, who also filmed the single's music video. The single will drop



on Aug. 19.

"What I'm saying in the song essentially is that I live for the applause. I live for the way you cheer and scream for me. Give me that thing that I love. Put your hands up, make them touch," she told the magazine about her inspiration for the single, which is a much, much better title than just calling it Clappin'.

Under the Dome still under said dome

Welp, it looks like no one is escaping that stupid dome anytime soon — CBS has renewed Under the Dome for a second season.

"We're excited to tell more stories about the mystery of the dome and the secrets in Chester's Mill, and are thrilled to have the master storyteller himself, Stephen King, tell the first one of next season," CBS Entertainment President Nina Tassler said in a statement.

The renewal makes sense as the show is a bonafide hit for the network, averaging about 13.8 million viewers, according to Nielsen numbers provided to the network.



Evan Rachel Wood

Another celebrity couple trying to copy royals

Evan Rachel Wood is officially a mom. The 25-year-old actress gave birth to her first child Monday, her rep confirms to Us Weekly.

"Evan Rachel Wood and her husband, Jamie Bell, are parents to a beautiful boy," the rep says. "Parents and baby are all doing well."

Bell couldn't contain his enthusiasm, praising his wife on Twitter with, "What a day. Evan, you are my warrior! You never cease to amaze. Thank you for birthing our son so naturally and peacefully. You did it!"

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Unshakeable Christchurch

New Zealand.

After a devastating earthquake in 2011, the city is ready to welcome visitors

RUTH
ATHERLEY
life@metronews.ca

The city of Christchurch, New Zealand, is in full swing with its exciting rebuild plan after the earthquakes it experienced a little over two years ago. The city and the surrounding region of Canterbury offer many things to do, places to stay and eat, and are absolutely ready to welcome visitors.

In true Kiwi form, the people of Christchurch are focusing on finding the silver lining and while remembering and honouring the past, they are embracing the future. The focus is now on creating a world-class city that engages both locals and visitors. A blueprint plan that concentrates on creating an accessible, world-class city that showcases all the fabulous activities, restaurants, accommodation and business opportunities that Christchurch has to offer has been developed and is in the process of being brought to life.

Experience Christchurch of today

While the people of Christchurch are looking forward, they realize that many visitors want to better understand what happened two years ago. Quake City is an interactive experience that outlines the science and the human interest elements behind the earthquakes. Now visitors can take the tour through the "red zone" — now the rebuild zone. Here you can



The Re:START mall is a fun shopping area in the heart of Christchurch. DAVID SWANSON

see the work being done and get an up-close view of the uncrushable Kiwi spirit that shines through as the city is recreated. In fact, each day many of the areas of the city are being reopened to the public and, as this happens, you can see the joy and pride in the faces of the people who call Christchurch home.

You can also check out the Cardboard Cathedral. This structure is being built to temporarily replace the historic Christchurch Cathedral, which was damaged during the earthquakes. Church services will be held in the Cardboard Cathedral, which is made of paper tubes coated with waterproof polyurethane, and was opened in June 2013 with seating for 700.

Shop and sip

For those interested in shopping, the Re:START mall is an area that offers some of the best New Zealand designers. Re:START may not be the first shipping container shopping mall in the world, but it is one of the most creative, appealing and — a priority in New Zealand — fun! More than 50 retailers are located right in the heart of the city, including great cafés, the perfect place to rest your weary feet after a morning of trying on designer duds and checking out the bright, vibrant and energetic area. There is also New Regent

Street, which is a quaint street full of shops and boutiques — and, of course, cafés. After all, shopping and coffee were made for each other.

Discover the magic of the Canterbury region

While Christchurch is a fabulous city, visitors are also encouraged to venture out into the Canterbury region. And who better to show it to you than a fifth generation Canterbury — a real local. A local's local, if you will. David Hiatt runs Canterbury Guiding Company, a specialized tour provider that offers excursions that you just can't get anywhere else. He knows winemakers and cheese mak-

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Tourism New Zealand (TNZ) is making travel to New Zealand even easier with the launch of its first mobile app — Essential New Zealand. The free to download app offers advice to travellers on the go in New Zealand, without the need for a WiFi connection, encouraging them to do and see more while in the country.



ers, farmers and artisans and, relevant to his guests' interests, he makes magic happen. David and his team know every inch of the Canterbury region — the wineries, the restaurants, the trails, the farms and the people. If the guests want it, David can make it happen. One day it might be a behind-the-scenes chat and tasting with a cheese maker. The next day, it might be a balloon ride to view the mountains and sea or a wine tasting with the winemaker. One thing is for certain — David is the guy to take people to see the Canterbury that the residents know and love.

Air New Zealand (airnewzealand.ca) has direct non-stop flights from Vancouver to Auckland and offers flights from many other North American cities. For more information about New Zealand, visit newzealand.com.

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A New Zealand stay in style

RUTH
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life@metronews.ca

Going on vacation always seems like a bit of a splurge, no matter what your budget. For many, a trip to New Zealand is tied to a festive occasion.

For some, it's a milestone anniversary, a family reunion or a honeymoon; for others, it allows them to tick off a bucket list location.

While there are plenty of budget and reasonably-priced places to stay on both the North and South Islands, there is a growing trend for even the most budget-conscious visitors to take a night or two and indulge themselves by staying at one of the country's nicer lodges or hotels.

The Boatshed on Waiheke Island, just a 40-minute ferry ride from Auckland, offers visitors a charming piece of Kiwi life. The five suites and two bungalows are designed to reflect "bachs" — a New Zealand term for a holiday

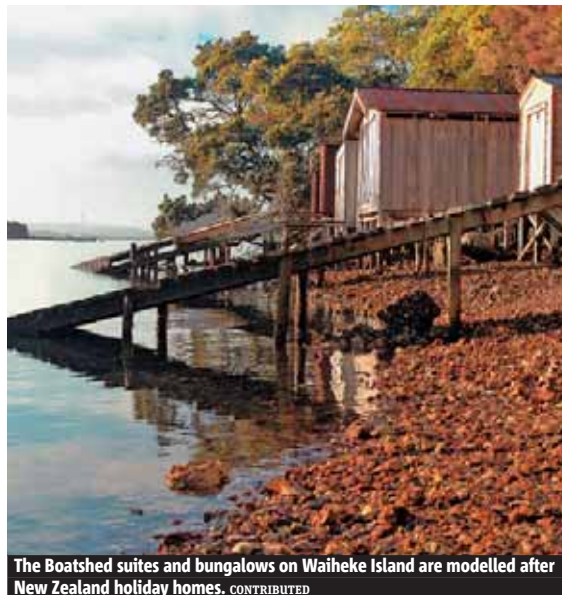
home.

It offers an eclectic mix of different buildings, spaces and room types — all with a view of the ocean. And exclusive to guests is fine dining at The Boatshed's restaurant.

Service is in a relaxed, alfresco setting, with exceptional New Zealand seafood and gourmet meat cuts accompanied by organic, locally sourced produce (some grown at The Boatshed). The fact that this luxury accommodation is located on Waiheke Island, which is home to a number of beautiful vineyards and local artists and offers lovely beaches, just makes it that much more of a treat.

And also for wine lovers, there is Black Barn, located in the wine producing region of Hawke's Bay. This winery and vineyard produces fabulous wines and also offers accommodation — right in the vineyard. There are 14 distinctive, self-contained accommodations offering character and style.

From an eight-bedroom



The Boatshed suites and bungalows on Waiheke Island are modelled after New Zealand holiday homes. CONTRIBUTED

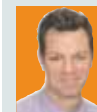
luxury retreat to a two-bedroom turn-of-the-century cottage in the heart of the vineyard, Black Barn offers wine lovers something special, including the fact that everyone at Black Barn

loves to talk wine.

For music fans, Black Barn presents a series of summer concerts where you can sit outside, put your feet up, sip a glass of wine and enjoy the good life.

Packing

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ON THE
MOVE
Loren Christie
life@metronews.ca

What makes a perfect carry on? There are a few essentials that you should be bringing on board every flight.

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toothpaste and toothbrush, moisturizer, lip balm, mini deodorant and a hairbrush. For women bring along mascara, lip gloss and tinted moisturizer. Make sure you go for small sizes and adhere to the rules and regulations on liquids and gels. Each container must be 100 ml or less and all of them have to be able to fit in one clear, closed, re-sealable plastic bag no more than one litre in capacity. Remember that food items like yogurt and peanut butter are also considered liquids and gels so if you are bringing snacks bring dry ones. An empty water bottle that you can fill up on the other side of security is a must.



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The anti-meat BBQ guide

Food. Food blogger Angela Liddon shares her favourite grease- and grime-free veggie recipes for a hot and sunny day. It's not all about melted cheese and steak you know.

**ROMINA
MCGUINNESS**
Metro World News in London

Barbecue. Admit it. The second you read that word, your brain bombarded you with images of charcoal steak and roasted marshmallows.

"There are so many other options that showcase classic summer foods without sacrifici-

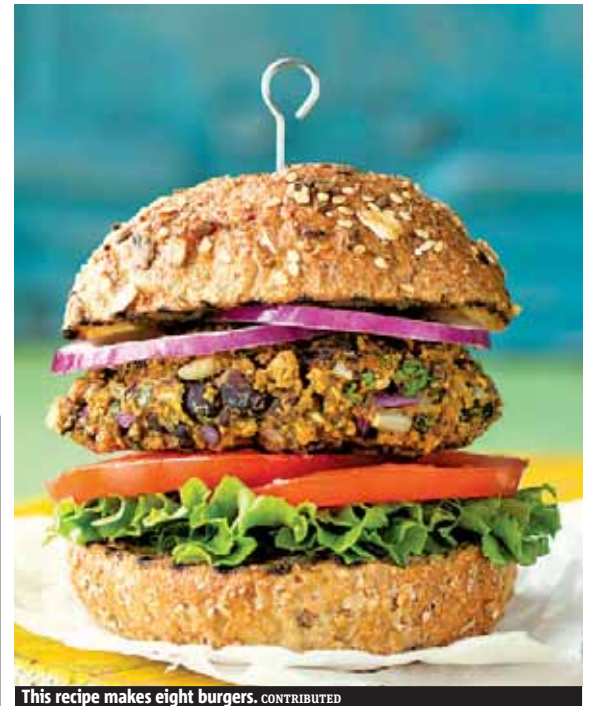
cing flavour or nutrition," Angela Liddon, food blogger and founder of the vegan friendly website Oh She Glows tells Metro. "A veggie burger can be both hearty and satisfying, as is a smoky grilled salad. And one thing is for sure, you'll feel light, energized, and anything but weighed down!" she adds.

Here are some of her favourite summer recipes, such

as this veggie burger.

"These veggie burgers are one of the most popular recipes on my blog. They have all the right elements we love in a veggie burger — chewy, hearty, and they hold together well when cooking.

"You can freeze the burgers after cooking for quick and easy meals throughout the week."



This recipe makes eight burgers. CONTRIBUTED

1. Preheat oven to 350 F and line a baking sheet with parchment paper.
2. Whisk flax and water in a small bowl and set aside for 10 minutes.
3. In a large bowl, mash the black beans until a paste forms with a few chunky beans left intact for texture. Stir in the rest of the ingredients (including the flax and water mixture), adjusting spices and seasonings to taste if desired.
4. With slightly wet hands,
5. Cooking options: Bake patties at 350 F for 15 minutes, gently flip, and bake for another 15-20 minutes until patties are firm and golden. For grilling on the BBQ: pre-bake the patties in the oven for about 15 minutes at 350 F before placing on a pre-heated grill. Grill on each side for a few minutes until lightly golden.
6. Serve with toasted buns or lettuce leaf "wraps".

Dessert. Summer Fever Strawberry Lime Granita

"Granita is not only easy to make, but it's the perfect solution for summer fruit on its last legs," says Liddon. "Strawberries, raspberries, and cherries would all work well in this recipe. Traditional granita is sweetened with a boatload of white sugar, but this version uses a small amount of agave nectar for an easy-on-the-waistline summer treat at just 85 calories per serving."



1. In food processor, process all ingredients until smooth. Adjust agave or lime juice to taste.

2. Pour mix into a 9-inch square pan and place into freezer for a couple hours, uncovered. After 2 hours, scrape mix with fork to break up the ice chunks that are forming. An hour later, repeat this process. The granita should be ready after 5 hours, but this may vary based on your freezer temperature.

3. When the granita is firm

and solid, scrape it with a fork or spoon and serve in a parfait glass. Cover and freeze leftovers in the freezer until ready to enjoy.

Ingredients

- 1 lb (450 g) fresh strawberries, hulled
- 1/3 cup agave nectar
- 5-6 tbsp fresh lime juice, to taste
- 1/2 cup water

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It's my position and I will be emotionally intelligent if I want to

Heart at work. Interacting with people means working with emotions, so get to know how your own feelings factor into the business world

MEGHAN GREAVES
TalentEgg.ca

It's pretty hard to find a job description that doesn't mention strong interpersonal, teamwork, collaboration or universal communication skills.

This is why employers are putting a big emphasis on finding employees who have strong "emotional intelligence."

Whatever industry you plan on working in as a student or new grad hire, high emotional intelligence is never a bad thing. Read on to get the inside scoop on this skill.

What is emotional intelligence?

Emotional intelligence is a mix of various components, each of which has to do with how you interpret and engage with your emotions.

Acknowledging emotions

This means acknowledging not only your emotions but the emotions of those around you as well. Employers don't want your bad day to affect how you treat co-workers or clients. Also, recognizing the emotions of others is an im-



Remember: Emotional intelligence includes both your emotions and the emotions of others, so develop this skill to incorporate all parties.
ISTOCK

portant step to maintaining a successful work environment.

Understanding emotions

There will be times during your career when people will upset you without realizing that they have done so. For example, the way an email comes across, lack of recognition upon the completion of a task or a short comment from your boss or co-worker. Everyone in the office has a

ton going on, which doesn't leave much room to take into consideration how something they said or did affected you. Understanding how emotions work in these types of situations will leave you a lot less stressed out, less worried and more confident.

Facilitating emotions

Knowing how to handle your emotions in a positive way (such as making people feel

open to having a discussion with you and avoiding being defensive) makes everyone more productive. When working with clients and co-workers, having positive emotions versus negative makes everyone feel more comfortable. Monitor how you're facilitating your emotions by considering how your body language, tone and mannerisms come across.

Handling emotions

Sometimes you'll be in a situation where you have to keep a firm grip on your emotions and avoid expressing them in any way. The workplace is no place for heated arguments, for example. Inevitably, there will be situations throughout your career that push your limits, but it's crucial to always keep your cool and manage your emotions in a professional and appropriate way.

Strengthening your emotional intelligence

The first step to strengthening your emotional intelligence is learning about it and being aware of how this skill works and applies in the workplace. You're already doing just that! But reading and learning about this skill isn't enough. You must learn to use your emotional intelligence in real-life situations.

Start to consider how your emotions play out while with

friends, peers, family, professionals and even strangers to get a good grasp of how you tick. Try and identify situations where you may be too liberal with your emotions or times where the emotions of others have a significant impact on your own mood.

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Argonauts slotback Jason Barnes hauls in a touchdown pass against Lions J.R. Larose, left, and Joshua Bell in Toronto on Tuesday. FRANK GUNN/THE CANADIAN PRESS

Collaros picks apart top-ranked defence

CFL. Backup QB shows poise in first career start filling in for Ray; Steele punches in pair of TDs replacing Kackert

Zach Collaros threw three touchdown passes in his first professional start Tuesday as the Toronto Argonauts defeated the B.C. Lions 38-12.

Starting in place of the injured Ricky Ray, the second-year quarterback showed tre-

Week 5

38

Argonauts

12

Lions

mendous poise under pressure against the CFL's No. 1-ranked defence, throwing for 253 yards on 21 of 25 passing.

The 24-year-old University of Cincinnati product, who spread the ball around to eight

different receivers, also rushed eight times for 28 yards.

Meanwhile, the Argonauts' bend-but-not-break defence stymied Lions quarterback Travis Lulay and a B.C. offence that was toothless in the red zone.

With the victory, Toronto (3-2) snapped a six-game losing streak against B.C. (3-2).

Jason Barnes, Alexander Robinson and John Chiles caught TD passes for Toronto in front of a crowd of 20,064 at Rogers Centre, while rookie running back Curtis Steele, in the lineup for the injured

Chad Kackert, rushed 12 times for 74 yards and two late TDs.

Lulay was 20 of 30 passing for 226 yards with an interception, while Paul MacCallum kicked four field goals for B.C. to move into fourth all-time on the CFL scoring list.

Toronto was without Ray and Kackert, who are both nursing knee injuries. The Argonauts hope to have Ray back for their next game, a home date with the Montreal Alouettes on Aug. 8 at Rogers Centre. Kackert is expected to be out for four to six weeks.

THE CANADIAN PRESS

NHL

Sharks lock up Pavelski for five more years

The San Jose Sharks have signed centre Joe Pavelski to a five-year, \$30-million contract extension.

Pavelski ended the shortened 2012-13 season tied for third on the team with 31 points (16 goals, 15 assists) in 48 games. He was one of the Sharks' most dangerous players in the playoffs with 12 points (four goals, eight assists) in 11 games.

He scored five game-winning goals, tied for sixth in the NHL.

In 479 NHL games — all with the Sharks — Pavelski has 336 points (150 goals, 186 assists).

The five-foot-11, 190-pound native of Plover, Wis., was part of the American team that won silver at the 2010 Vancouver Olympics.

THE CANADIAN PRESS

NHL

Flames sign Jooris to entry-level deal

The Calgary Flames have signed centre Josh Jooris to a two-year, two-way entry-level deal.

The deal is worth \$832,500 per year in the NHL and \$70,000 in the AHL, with a signing bonus of \$92,500 in each year.

The Burlington, Ont., native has spent the past three seasons with Union College in Schenectady, N.Y. In his final collegiate season he finished fourth in team scoring with 28 points (12 goals, 16 assists) in 39 games.

THE CANADIAN PRESS

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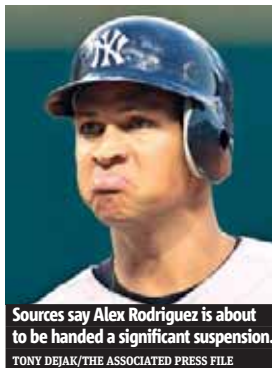
A-Rod set to bite the dust in PED probe: Sources

MLB. Insiders claim Rodriguez will get longest suspension of penalized all-stars

Major League Baseball has told the union which players it intends to suspend in its drug investigation and which ones will receive lengthier penalties for their roles in the Biogenesis case, two people familiar with the talks told The Associated Press.

The sides are trying to reach as many agreements as possible that would avoid grievance hearings, and talks could push back an announcement until Friday.

The meeting between MLB



Sources say Alex Rodriguez is about to be handed a significant suspension.
TONY DEJAK/THE ASSOCIATED PRESS FILE

and the union on Tuesday, first reported by the New York Daily News, signalled the final stretch of talks. MLB hopes to announce the penalties for all players involved at the same

time, both people said, speaking on condition of anonymity because no announcements were authorized.

Three-time MVP Alex Rodriguez of the New York Yankees stands to receive the longest suspension. The stiffer penalties for some players are tied to other alleged violations, including not being truthful to MLB investigators.

Three 2013 All-Stars could face bans: Texas outfielder Nelson Cruz, San Diego shortstop Everth Cabrera and Detroit shortstop Jhonny Peralta.

Oakland pitcher Bartolo Colon, Toronto outfielder Melky Cabrera and San Diego catcher Yasmani Grandal won't receive additional discipline for their violations last year, the two people said. **THE ASSOCIATED PRESS**

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Tampa Bay	64	43	.598	—
Boston	64	44	.593	1/2
Baltimore	59	48	.551	5
New York	55	50	.524	8
Toronto	48	57	.457	15

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	60	45	.571	—
Cleveland	58	48	.547	2 1/2
Kansas City	52	51	.505	7
Minnesota	45	58	.437	14
Chicago	40	64	.385	19 1/2

WEST DIVISION

	W	L	Pct	GB
Oakland	63	43	.594	—
Texas	57	49	.538	6
Seattle	50	56	.472	13
Los Angeles	48	56	.462	14
Houston	35	70	.333	27 1/2

Tuesday's results

Baltimore 4 Houston 3
Cleveland 7 Chicago White Sox 4
Detroit 5 Washington 1
Tampa Bay 5 Arizona 2
Boston 8 Seattle 2
Kansas City 7 Minnesota 2
L.A. Angels at Texas
Toronto at Oakland

Monday's results

Tampa Bay 2 Boston 1
Cleveland 3 Chicago White Sox 2
Texas 4 L.A. Angels 3
Oakland 9 Toronto 4

Wednesday's games — All times Eastern

Washington (Gonzalez 7-3) at Detroit (Verlander 10-8), 1:08 p.m.
Toronto (Dickey 8-11) at Oakland (Colon 14-3), 3:35 p.m.
Houston (Bedard 3-8) at Baltimore (Gonzalez 8-4), 7:05 p.m.
Chicago White Sox (Peavy 8-4) at Cleveland (Kluber 7-5), 7:05 p.m.
Arizona (Miley 7-8) at Tampa Bay (Hellickson 10-3), 7:10 p.m.
Seattle (Iwakuma 10-4) at Boston (Lackey 7-8), 7:10 p.m.
L.A. Angels (Williams 5-7) at Texas (Perez 3-3), 8:05 p.m.
Kansas City (Guthrie 10-7) at Minnesota (Correa 7-7), 8:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	62	45	.579	—
Washington	52	55	.486	10
Philadelphia	50	56	.472	11 1/2
New York	48	56	.462	12 1/2
Miami	40	65	.381	21

CENTRAL DIVISION

	W	L	Pct	GB
Pittsburgh	64	42	.604	—
St. Louis	62	43	.590	1 1/2
Cincinnati	59	48	.551	5 1/2
Chicago	48	58	.453	16
Milwaukee	46	61	.430	18 1/2

WEST DIVISION

	W	L	Pct	GB
Los Angeles	56	48	.538	—
Arizona	54	52	.509	3
Colorado	51	57	.472	7
San Diego	49	58	.458	8 1/2
San Francisco	46	59	.438	10 1/2

Tuesday's results

Milwaukee 6 Chicago Cubs 5 (gm. 1)
Pittsburgh 2 St. Louis 1 (11 inn. - gm. 1)
Philadelphia 7 San Francisco 3
Atlanta 11 Colorado 3
N.Y. Mets 4 Miami 2 (10 inn.)
Pittsburgh 6 St. Louis 0 (gm. 2)
Milwaukee 3 Chicago Cubs 2 (gm. 2)
N.Y. Yankees at L.A. Dodgers
Cincinnati at San Diego

Monday's results

Pittsburgh 9 St. Louis 2
Atlanta 9 Colorado 8 (10 inn.)
N.Y. Mets 6 Miami 5
Milwaukee 5 Chicago Cubs 0
San Diego 2 Cincinnati 1

Wednesday's games — All times Eastern

Cincinnati (Bailey 5-10) at San Diego (Stults 8-9), 3:40 p.m.
San Francisco (Gaudin 4-2) at Philadelphia (Kendrick 9-7), 7:05 p.m.
St. Louis (Wainwright 13-6) at Pittsburgh (Locke 9-3), 7:05 p.m.
Colorado (Chatwood 7-3) at Atlanta (Minor 10-5), 7:10 p.m.
N.Y. Mets (Mejia 1-0) at Miami (Alvarez 1-1), 7:10 p.m.
Milwaukee (Peralta 7-10) at Chicago Cubs (Jackson 6-11), 8:05 p.m.
N.Y. Yankees (Kuroda 10-6) at L.A. Dodgers (Kershaw 10-6), 10:10 p.m.

CFL

WEEK 5

EAST DIVISION

	GP	W	L	T	PF	PA	Pts
Toronto	5	3	2	0	156	128	6
Montreal	5	2	3	0	122	139	4
Hamilton	5	1	4	0	99	158	2
Winnipeg	5	1	4	0	115	146	2

WEST

	GP	W	L	T	PF	PA	Pts
Saskatchewan	5	5	0	0	183	87	10
Calgary	5	4	1	0	162	133	8
B.C.	5	3	2	0	116	122	6
Edmonton	5	1	4	0	99	139	2

Tuesday's result

Toronto 38 B.C. 12

Friday's game — All Times Eastern

Hamilton at Edmonton, 9 p.m.

Monday's game

Winnipeg at B.C., 7 p.m.

MLS

EASTERN CONFERENCE

	W	L	T	GF	GA	Pts
Kansas City	10	6	6	31	21	36
New York	10	7	5	33	27	35
Montreal	10	5	5	32	29	35
Philadelphia	9	6	7	33	30	34
New England	8	7	6	27	19	30
Houston	8	6	6	23	20	30
Chicago	7	9	4	25	30	25
Columbus	6	10	5	24	27	23
Toronto FC	3	10	8	19	29	17
D.C. United	2	15	4	10	35	10

WESTERN CONFERENCE

	W	L	T	GF	GA	Pts
Real Salt Lake	11	7	4	36	24	37
Colorado	9	7	7	28	24	34
Portland	8	3	10	31	20	34
Los Angeles	10	9	3	32	27	33
Vancouver	9	7	5	33	29	32
FC Dallas	8	5	8	27	32	32
Seattle	8	7	4	24	22	28
San Jose	7	9	6	23	33	27
Chivas USA	4	12	5	19	37	17

Saturday's games — All Times Eastern

New York at Kansas City, 6:30 p.m.
Montreal at D.C. United, 7:30 p.m.
Chicago at Philadelphia, 8 p.m.
Columbus at Houston, 9 p.m.
Real Salt Lake at Colorado, 9 p.m.
Chivas USA at San Jose, 10 p.m.
FC Dallas at Seattle, 10:30 p.m.
Vancouver at Portland, 11 p.m.

Sunday's game

Toronto FC at New England, 7:30 p.m.



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Cross-border shoppers will tell you that the United States offers a greater selection of products than our home and native land. That might be true for some consumer goods, but it isn't necessarily so when it comes to automobiles.

For 2012, General Motors began importing the seven-passenger Chevrolet Orlando from Korea, eschewing the United States in the process. The same is true this year with the Mexico-built Trax. The supposed reason is that Americans want bigger and fancier automobiles and that Chevy's mar-

keting types didn't want to risk cannibalizing sales of its larger Equinox. But with fuel prices currently on the ascendancy, perhaps GM is entertaining second thoughts.

In any event, Canadians in search of a small wagon with space for five, available all-wheel-drive and with an aversion to gas pumps should find the Trax to their liking. At first glance it's a bit of a chunky monkey; the styling is a bit stubby in a Chevy-Spark-kind-of-way, except the Trax is considerably larger. It's also about 16 centimetres taller than Chevrolet's Sonic hatchback (both cars share the same platform).

The dashboard and control panel are attractive and uncomplicated, but front-passenger seating is on the cozy side (this is a small wagon, after all). There's more shoulder room in back, but only if you limit the

rider count to two. Luggage for four shouldn't pose a problem if everyone packs light, but with the rear seat folded there's stowage space for bulkier objects. The Trax's one and only engine choice is a 1.4-litre turbocharged four-cylinder borrowed from Chevy's Cruze and Sonic models that makes 138 horsepower and 148-pound-feet of torque. For an on-the-road price of \$20k, the LS covers just the basics, but has 10 airbags, including rear side-impact and front-knee inflatables.

The premium LTZ gets dressed up with 18-inch wheels (16-inches are standard), leather-like seat coverings, auto-dimming rearview mirror and fog lights. Major options, depending on the model, consist of a power sunroof, navigation and an oil-pan heater that would make sense for Prairie winters. For an extra \$1,950, all-wheel-drive can be fitted to the

Interior & Technology

The 1LT adds air conditioning, heated outside mirrors, roof rack and aluminum wheels. Stepping up to the 2LT gets you a rear-vision camera with backup warning, six-way power driver's seat and Chevrolet MyLink touch-screen communications and infotainment system with a Bose premium audio package.

1LT, 2LT and LTZ. The system automatically engages when the vehicle accelerates from a stop to counteract torque steer (the tendency for the vehicle to pull to the left or right when accelerating), but reverts to front-wheel-drive once the Trax exceeds five km/h. It also seamlessly redistributes power to the rear tires as needed when

Compare



1 Nissan Duke
Base price: \$21,800



2 Mitsubishi RVR
Base price: \$21,700

Fuel Economy

It garners 7.8 l/100 km in the city and 5.7 highway when connected to a six-speed manual transmission (standard with LS model), or 8.1/5.9 with the optional six-speed automatic that's fitted to the LT and LTZ. Other than fuel economy, the turbo 1.4 boasts an ability to run at full song using regular-grade fuel.

the fronts begin to lose traction.

General Motors isn't alone in importing products that our southern neighbours can't obtain (Mercedes-Benz and Kia do the same). But given the Trax's utility, all-weather capability and overall thriftiness, it might be only a matter of time before Chevy's little can-do wagon is given a star-spangled welcome.



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Horoscopes

Aries

March 21 - April 20

Immerse yourself in activities that keep both your hands and your mind occupied. If nothing else, it will distract you from issues you have been worrying about too much.

Taurus

April 21 - May 21

Important matters beckon today and you will need to be in the right frame of mind if you are to deal with them properly. With that in mind, try to avoid people who never seem to take life seriously.

Gemini

May 22 - June 21

Hopefully you have resolved your differences with certain people and everything is calm. If not, make the effort to patch things up now because you don't want to be bothered with petty things later this week.

Cancer

June 22 - July 23

If you have a good idea, act on it straight away. The longer you sit there wondering if it's really as good as you think it is, the more likely it is someone else will beat you to it.

Leo

July 24 - Aug. 23

A decision made in haste causes trouble, so stop and think about what you are about to commit yourself to. You may be eager to start something new but there's no rush.

Virgo

Aug. 24 - Sept. 23

The celestial cycle you are on at the moment is concerned mainly with your thought processes. Take time to look back over the past few months and evaluate honestly what you have accomplished.

Libra

Sept. 24 - Oct. 23

Don't try too hard to please people today, because chances are they will withhold their affection just to annoy you. You're a Libra, a cardinal sign, shouldn't they be pleasing you?

Scorpio

Oct. 24 - Nov. 22

Don't waste time arguing over minor details or trying to defend an opinion you could not care less about. It does not matter what's going on in the world. It matters only that yours is serene.

Sagittarius

Nov. 23 - Dec. 21

It is important that people in authority don't get the idea that you cannot be trusted. Whatever the temptation to embroider the truth may be today, you must be honest.

Capricorn

Dec. 22 - Jan. 20

Capricorn is supposed to be an ambitious sign but it seems the fire in your belly has been a bit weak. Don't worry, in a matter of days, you'll be scheming and fighting your way to the top.

Aquarius

Jan. 21 - Feb. 19

News you receive from a faraway source may be unwelcome but don't let it bother you. Better times are just around the corner and it won't be long before your present worries fade.

Pisces

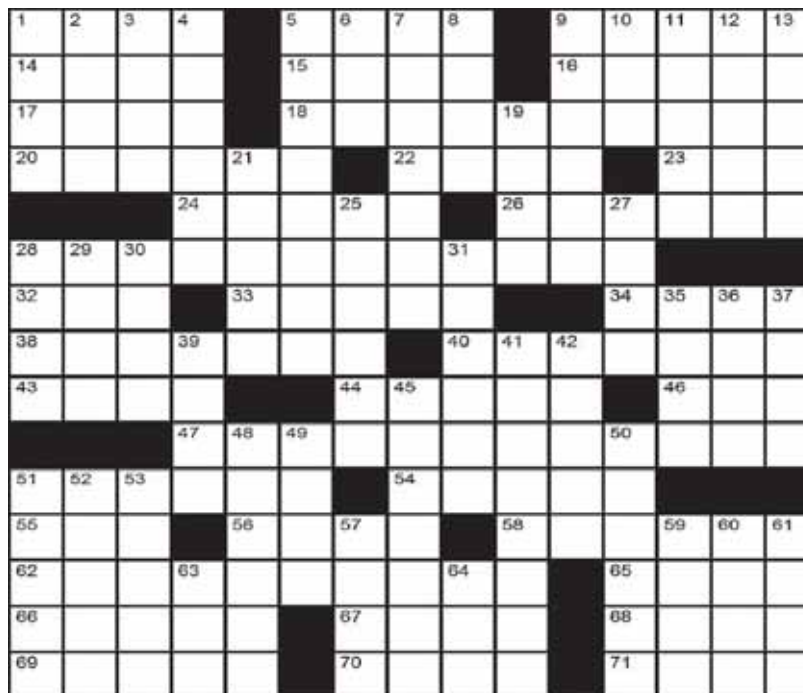
Feb. 20 - March 20

If someone needs your help today, drop what you are doing and give them the assistance they require. Go out of your way to support them. It will be worth the effort in the long term. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Rich earth
- Frances ___ (Judy Garland, originally)
- Savage
- Violinist, Camilla ___ (b.1842 - d.1902)
- Beneficial-to-skin plant
- Once ___ time...
- In ___ of (Replacing)
- Song versions
- Clear, as a drain with Drano
- Vegan's protein
- Converged
- Stage stuff
- Van Gogh flowers
- Alberta-Saskatchewan border city
- Archer's wood
- Kidney-related
- Dame ___ Te Kanawa (New Zealand opera star)
- Hybrid citrus fruit
- Viking ship crew
- 'Happy Motoring!' slogan
- Higher up
- Ms. Thurman
- Village in Manitoba
- Dish-cleaning aid
- Song line
- Atop, in verse



- Pinpoint
- Shrewd
- Sport for lumberjacks
- Biblical brother
- Dancing ___ (De-lighted): 2 wds.
- Silk: French
- Reality TV star Ms. Leakes
- Irish playwright, J.M. ___ (b.1871 -

- d.1909)
- They came marching two-by-two...
- Single-named Art Deco designer

Down

- "To Sir, with Love" (1967) actress/singer
- "...thunder, lightning, ___ rain?" (First Witch's query

- from Macbeth)
- "Hold on ___!" (Wait!)
- Like green-patched cheese
- Evil wizard in "The Smurfs 2" (2013)
- Diminutive suffix
- State bordering BC, AB and SK
- Beatles' "Love ___"

- Canadian electronics chain store, ___ Shop
- Prefix with 'dermis'
- Boards
- Year: French
- Wears well
- "___ ain't broke...": 2 wds.
- Command: French
- Ancient inhabitant

- of Crete
- Is a pain
- 'Electro' suffix
- Actress Ms. Thompson's
- Possesses
- '60s hit for The McCoys: "Hang on ___"
- American deejay Don
- Two notes to follow Do
- "___ little time..." (The quickest way)
- Wedding ___
- Norms
- Mr. Philbin
- 1,000,000,000
- Brush aside
- "Hud" (1963) actress Patricia
- High ___ fuel
- Alone activities
- Type of flower
- Phantom of the Opera's instrument
- Ingrid's "Casa-blanca" (1942) role
- 'Very', slang-style
- Camper's shelter
- Bit of The Band: "Virgil, quick, come see, there goes the Robert ___!"
- Manipulate
- Baby bug

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY

THURSDAY

FRIDAY



MAX: 22°
MIN: 9°



MAX: 19°
MIN: 11°



MAX: 21°
MIN: 12°



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